

The Beat

AKSHADHAA NEWSLETTER

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AKSHADHAA FOUNDATION
Enhancing Abilities Enabling Life



"You define your own life. Don't let other people write your script."



Blessings Bakery Training Centre

Get ready to taste our flavorful confections created by the passion of neurodivergence!!!

We are elated to share with you that Ms. Latha Kumari, IAS and Director of the Department for Empowerment of the Differently abled and Senior Citizens, Karnataka, has graced us with her presence at the inauguration of "BLESSINGS AKSHADHAA BAKERY TRAINING CENTRE". This social entrepreneurship endeavor's primary goal is to embrace inclusivity and empowerment by creating meaningful employment opportunities and skills for neurodivergent individuals, allowing them to tap their interest, skill and thrive in a supportive learning environment.

The idea is to create a unique curriculum with the support of special educators and baking chef who understand the unique strengths and challenges of neurodivergent learners. You will gain not only valuable skills but also increased confidence, independence, and a sense of accomplishment.

Join our supportive community of passionate bakers and educators, where you'll find encouragement, mentorship, and lifelong friendship.



Ms. Latha Kumari IAS, Director of Dept. for the Empowerment of Differently Abled and Senior Citizens, Inaugurated the bakery unit



Ms. Latha Kumari IAS, Director of Dept. for the Empowerment of Differently Abled and Senior Citizens, Inaugurated the bakery training book

Sarathy Inclusive Education Project

Supporting the special needs children of Government schools for life skill and academic progression.



Our community outreach project 'SARATHY' aimed at providing special education to government school students in K R Puram ward to bridge the gap and empower students with special needs to reach their full potential no matter what their economic and social background may be. At Akshadhaa Foundation, we strongly believe that every child deserves an equal opportunity to learn, grow, and succeed in life.

Our aim is to offer a comprehensive range of services and resources to empower these students through a combination of classroom interventions and personalized learning plans.

Special education plays a vital role in ensuring that every student, regardless of their abilities, can thrive academically and socially. By providing tailored support and accommodations, we can help students overcome challenges, develop essential skills, and unlock their true potential.

Inclusive Education Practice Training for School Teachers

We have completed our 8th batch of training session this April where we provided a certification course of Inclusive Education Practice and classroom management to teachers of Chimpfun playschool and PSTTI pre-primary teachers.

At Akshadhaa Foundation, we firmly believe in the power of inclusive education to create equitable opportunities and unleash the potential of all learners. That's why we have designed this training program specifically for passionate teachers who are committed to fostering inclusive learning environments within their schools. Through our comprehensive training, teachers will gain invaluable knowledge and practical strategies that will enable them to effectively address the diverse needs of the students. In all our certificate programs, we will provide opportunities to engage in interactive discussions, collaborative activities, and reflective exercises, enabling you to apply what you've learned in a practical context. Our Inclusive Education Training Program not only empowers the educators but also equips them with the tools to create an inclusive classroom environment that celebrates diversity, fosters empathy, and ensures that every student thrives.

Let's work together to build a brighter, more inclusive future for our students!



Clay Station

Akshadhaa Foundation has arranged a live pottery session as a sensory experiential session where 30 children took part with the help of volunteers and special educators. One of the benefits of pottery for kids is that it helps them to develop their fine motor skills. If you've ever tried to make a pot yourself, you'll know that it takes a lot of agility and hand-eye coordination to get the clay to do what you want it to. By working on small, intricate projects, kids can help to improve their motor skills.



Field Visits- Explore and Experience

At Akshadhaa Foundation, we firmly believe in the power of experiential learning and creating opportunities for everyone to explore and engage with the world around them. Our field visits are carefully curated to cater to the unique needs and abilities of specially-abled individuals and children.

We have partnered with various accessible destinations, museums, parks, and cultural sites to provide enriching and inclusive experiences that are designed to stimulate curiosity, foster social interaction, and create memorable moments of joy and learning for participants of all abilities. Field visits provide a rich sensory experience, stimulating multiple senses and enhancing the learning process. They also promote socialization and peer interaction, fostering a sense of belonging and community. By venturing beyond familiar surroundings, specially-abled individuals and children gain confidence, independence, and a sense of accomplishment. Field visits encourage them to explore new environments, try new activities, and embrace their unique abilities.



Indian Music Museum Visit



HAL Heritage Centre and Aerospace Museum Visit



Visvesvaraya Industrial & Technological Museum Visit



Alive India in Concert Studio Visit

Capacity Building for Masters and Graduate Level University Students

Engaging university students who will be the future professionals in the field of mental health, is an year-round activity where our focus is to give them multiple learning and mentoring sessions. The sessions were curated based on their field of social work, psychology or counseling.

Community Support Work

Akshadhaa Foundation collaborated with Indian Army Banaswadi team to arrange groceries and other hygiene products for the needy people. We are happy to handover the products to the Grace Foundation Charitable Trust which they can use for their 30 specially abled children who has different kind of disabilities. We thank and salute to our Indian army for such kind gesture.



Volunteering Engagement at Akshadhaa

Volunteering is another strong vertical of our organization that helps us to collaborate and network with people from different walks of life. Corporate volunteers, Parent professionals, Philanthropists engage with different projects and it supports us to create more exposures, visits, learning skills for our children and young adults with neurodiverse condition. Few such exemplary projects are –

Alive India music studio visit | Environment day celebration | World yoga day celebration | Doctors clinic visit





Ms. Sumana Dutta, Founder of Akshadhaa Foundation explaining Akshadhaa's Vocational work and program sustainability to Mr. Lakshmi Mittal, Executive Chairman of Arcelor Mittal

"If opportunity doesn't knock, build a door."

Engagement And Networking

Akshadhaa Foundation got the opportunity to share their work and journey of "Enhancing Abilities and Enabling Life" of the neurodiverse individuals in front of the board of directors of ANZ bank at their Bangalore office. A set of hand-made eco-friendly products were selected to present and honor the board members.

Our founder Ms. Sumana Dutta received the opportunity to showcase the products of vocational training and production unit of Akshadhaa at Goldman Sachs 10K 15 years celebration event. She being the alumni of 10k women entrepreneur program, got few moments to share Akshadhaa's journey in preparing life skill and employment skill among neurodiverse population with Mr. Lakshmi Nivas Mittal- the king of steel, Mrs. Usha Mittal, John Rogers and other board members of Goldman Sachs.



Ms. Sumana Dutta, Founder of Akshadhaa Foundation explaining Akshadhaa's Vocational work and program sustainability to ANZ Bank Board Members.

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